Congress recently passed a $1.37 trillion spending bill that included a provision to raise the minimum legal sales age for all tobacco products from 18 to 21 nationwide. Upon the President’s signature on December 20, 2019, the age change became effective immediately. Highlights and FAQs are below:

- It is now a violation of federal law for any retailer to sell any nicotine or tobacco products to anyone under the age of 21.

- FDA will oversee enforcement of the minimum legal sales age at 21. (Due to the dramatic increase in e-cigarette use by middle and high school age youth since 2016, there is an opportunity to strengthen local and state level enforcement measures around all tobacco and nicotine products to supplement the FDA’s national efforts.)

- There are no exemptions for sales to members of the military who are under 21.

- The law does not phase-in age restrictions (i.e., there is no “grandfathering”) of those who are currently 18, 19 or 20.

- The law does not preempt cities, counties or states from passing and enforcing their own age restriction laws and does not preempt Tobacco 21 laws already in place in cities, counties and states.

- The law penalizes retailers for selling tobacco products to youth, not those attempting to purchase, although many states and cities retain purchase, use, and possession (PUP) laws.

- The law does not require that states pass laws to raise their sales age to 21, but it does require states to demonstrate that their retailers are complying with the law. If not, the state eventually risks losing some portion of their federal substance abuse grant funding.

We at Tobacco 21 are gratified that this common-sense and evidence-based prevention is finally in place at the federal level, but we are gravely disappointed in its enforcement structure, and fear that unless the FDA and/or cities and states increase enforcement against rogue retailers, the effect of the law will be greatly diminished. Moreover, passage of this law alone is insufficient to address the public health crisis that our kids and their parents face. Other measures, such as tobacco retailer licensing laws, flavor ingredient restrictions, limits on high-dose nicotine salts, and internet sales prohibitions must be adopted.
Federal Tobacco 21 FAQ

1. What was the Tobacco 21 landscape prior to the Federal Legislation?

Over 540 local jurisdictions and 19 states had passed a Tobacco 21 law.

2. Where can I find the Federal Tobacco 21 Legislation?

The bill is available at the link provided below and the Tobacco 21 provisions begin on page 1492: https://docs.house.gov/billsthisweek/20191216/BILLS-116HR1865SA-RCP116-44.PDF

3. What does the Federal Tobacco 21 bill do?

- Amends the Federal, Drug, and Cosmetic Act 906(d) to include a new subsection, 906(d)(5), which states: “Minimum Age of Sale — It shall be unlawful for any retailer to sell a tobacco product to any person younger than 21 years of age.”
  
  Note: This amendment makes it clear that the retailer is responsible, rather than the sales clerk or youth purchaser.

- Amends Federal, Drug and Cosmetic Act 906(d)(3)(ii) to restrict the FDA from establishing a minimum legal sales age above age 21.
- FDA will continue to enforce the minimum legal sales age. The law does not increase fines/penalties for violations.
- Amends the Public Health Services Act Sec. 1926 (42 U.S.C. 300x-26) (the Synar Amendment) with respect to grant monies, enforcement, implementation, and compliance rates (discussed more in depth in Question 5).
- Enables the Secretary of Health and Human Services to promulgate regulations for tobacco product sales to increase the minimum age of sale from 18 to 21 and update the ID verification age from 27 to 30.
- The law provides grant funding to the states to assist in obtaining retailer compliance, but federal funds are meant to “supplement” state-funded tobacco control efforts not “supplant” state funding to that effect.
- United States Health and Human Services will provide technical assistance to the states.
- No exemptions or phase in were included, including no military exemption or grandfathering of age groups.
- The law does not preempt states or localities from passing their own age restriction laws.
- Congress appropriated $18.5 million in grant money available to support states in their transition, with a sunset period until September, 2024.

NOTE: This summary does not include every change to current law based on the Tobacco 21 provisions of the spending bill but rather serves as an overview. The bill language in full can be found in the link in Answer 2 (above).
4. **When is Federal Tobacco 21 effective?**

The age change became effective immediately, according to the Food and Drug Administration: “On December 20, 2019, the President signed legislation to amend the Federal Food, Drug, and Cosmetic Act, and raise the federal minimum age of sale of tobacco products from 18 to 21 years. It is now illegal for a retailer to sell any tobacco product – including cigarettes, cigars and e-cigarettes – to anyone under 21. FDA will provide additional details on this issue as they become available.”

*For more information please visit the FDA website for guidance: [https://www.fda.gov/tobacco-products/compliance-enforcement-training/retail-sales-tobacco-products](https://www.fda.gov/tobacco-products/compliance-enforcement-training/retail-sales-tobacco-products)*

**NOTE:** The FDA will begin enforcing the new minimum legal sales age of 21 only after it adopts updated regulations. The legislation enables the Secretary of Health and Human Services to promulgate rules to carry out the new law no later than 180 days after the date of enactment of the Act. The Secretary is required to publish the final rule to update the regulations to carry out the amendments, to update all references to persons under 18, and to update the relevant age verification requirements to require age verification for individuals under the age of 30. This final rule will take effect no later than 90 days after the date on which the final rule is published. Based on the time allotted in the legislation, the FDA could take up to 270 days before it will enforce the new age.

5. **Does the law apply to tribal lands?**

Yes. On federal Indian reservations, federal and tribal laws apply to members of the tribe, unless Congress provides otherwise.

6. **What is ‘Synar’ and how does the Federal bill amend Synar?**

The original Synar Amendment, named for the Oklahoma Senator who introduced the amendment, required, among other things, states to adopt state laws setting the tobacco sale age at 18 in order to receive their Substance Abuse Prevention and Treatment Block (SAPTB) grant money. However, that part of the Synar amendment was repealed in the new legislation, and states are not required to pass their own laws to update their tobacco sales age to 21. States will still need to demonstrate compliance with the federal age of 21 as a condition of the grant. Specifically, under 42 U.S.C. 300x-26, a funding agreement for the SAPTB under Section 1921 requires the states involved to (1) annually conduct random, unannounced inspections to ensure that retailers do not sell tobacco products to individuals under the age of 21, and (2) report such findings to the federal government annually. If states do not demonstrate a compliance rate determined by the Secretary, they risk losing up to 10% of their SAPTB monies.

The new law grants a 3-year grace period following enactment to come into compliance with the reporting and enforcement requirements before the Secretary may withhold any funds, with a further 2-year period for the Secretary to exercise discretion in enforcement.
7. Does the Federal Tobacco 21 law include a Military Exemption?

No. The Federal Tobacco 21 law does not exempt anyone from the age requirement. It is now illegal for retailers to sell tobacco product to anyone under the age of 21.

8. What does this mean for states and localities that have a military exemption in their Tobacco 21 laws? Does this Federal law overturn all military exemptions that are currently in effect?

The Federal Tobacco 21 law does not exempt anyone or group from the age restriction requirements. States and cities that exempt members of the military from their Tobacco 21 laws are in violation of federal law. In other words, because the federal law does not have a military exemption, all such sales to persons under 21, regardless of military status, are illegal.

9. Can a law exempting the military from the new age of sale of 21 be enacted before the federal law starts to be enforced?

No. The federal law became effective when it was signed by President Trump. The law does not have a military exemption. Therefore, sales to any persons under the age of 21, including military personnel, are illegal. States cannot authorize something that is illegal under federal law.

10. Does the Federal Tobacco 21 law include a phase-in period?

No. Per the FDA website, the law is effective immediately and it is illegal for a retailer to sell tobacco products to persons under the age of 21.

11. Is there more to be done? Should my state/city continue to pass Tobacco 21 laws independently?

Yes, absolutely! In many states and cities, outdated and uninformed youth access laws remain on the books. Many of these laws were written and lobbied for by the tobacco industry. These antiquated laws consistently place penalties on youth rather than the retailer who profits from sales, and many lack real enforcement mechanisms or penalties that deter bad behaviors. Even with a federal Tobacco 21 law, there is much work that needs to be done around age restriction laws at a state and local level. The federal Tobacco 21 law does not preempt states and localities from adopting their own Tobacco 21 laws. In fact, changes to the Synar Amendment require states, as a condition of their grant funding, to demonstrate compliance with the federal age of 21. Specifically, under 42 U.S.C. 300x-26, a funding agreement for the SAPTB under Section 1921 requires the states involved to (1) annually conduct random, unannounced inspections to ensure that retailers do not sell tobacco products to individuals under the age of 21, and (2) report such findings to the federal government annually. If states do not demonstrate a compliance rate determined by the Secretary, they risk losing up to 10% of their SAPTB monies. Therefore, the federal law inherently encourages state and local action. Moreover, state and local enforcement will help improve the effectiveness of a Tobacco 21 law.
States and localities should continue passing policies at the local and state level to make their age restriction laws align with federal law. Effective sales regulations also include requiring a tobacco retail license, mandating a minimum number of compliance checks, and updating their penalty structure to incentivize compliance. The FDA does not check every retailer, it is up to the states and localities to make sure all tobacco product retailers are undergoing compliance checks.

Again, states and cities are not preempted from passing or enforcing their own Tobacco 21 laws. Therefore, in locations that already have Tobacco 21, we recommend continued enforcement. In locations that do not have a Tobacco 21 law, we recommend updating laws and enforcing the new age.

**WARNING:** Public health advocates must remain vigilant as they update and enhance state and local age restriction laws. Preemption threatens to reverse public health progress and increase health disparities.

The first time a retailer with an approved training program violates the regulations issued under Section 906(d) of the FD&C Act, FDA will send the retailer a Warning Letter. The maximum civil money penalty amounts for such retailers range from $292 (for a second violation within a 12-month period) to $11,698 (for a sixth or each subsequent violation at the same retail location within a 48-month period).

If your jurisdiction does place a penalty on the youth for purchase, use, or possession of tobacco products, we recommend that the jurisdiction update its laws to align with federal standards that place the penalties on the retailers, not the youth purchaser.

**12. What are the penalties for youth who are caught trying to purchase or those who are using tobacco products?**

The federal law does not place any penalties for youth who are caught attempting to purchase, purchasing, or using tobacco products. However, state and local laws often place a penalty on youth for such activity. Youth tobacco possession and use penalties are ineffective and inequitable.


**13. What are the penalties for selling to those under 21?**

The FDA enforces the minimum legal sales age contracting with the states or a third party to conduct compliance checks at retail locations. Maximum penalties for violating regulations issued under Section 906(d) of the Food, Drug, and Cosmetic Act, including the restrictions on the sale and distribution of covered tobacco products in 21 CFR part 1140, are set forth at Section 103(q)(2) of the Tobacco Control Act and have since been adjusted for inflation. The penalty structure is available at: [https://www.fda.gov/tobacco-products/compliance-enforcement-training/ctp-compliance-enforcement](https://www.fda.gov/tobacco-products/compliance-enforcement-training/ctp-compliance-enforcement)

The FDA may also pursue a *No-Tobacco-Sale Order* (NTSO) against retailers that have a total of five or more repeated violations of certain restrictions within 36 months. Retailers are prohibited from selling
regulated tobacco products at the specified location during the period of the NTSO.viii Per guidance from the FDA, “Repeated violations” is defined to mean “at least 5 violations of particular requirements over a 36-month period at a particular retail outlet that constitute a repeated violation.”ix In addition, states and localities may have their own age restriction enforcement mechanism. These programs vary by state and we recommend you research your own jurisdiction to learn about your state or locality’s age restriction enforcement program.

**NOTE:** The new legislation did not amend existing penalty structure and the information provided in this answer is based on existing laws and rules.

14. Did flavored e-cigarettes become illegal with this new law?

No. This legislation does not prohibit or restrict the sale of flavored products. **On January 2, 2020, the FDA issued an enforcement policy on unauthorized flavored cartridge based e-cigarettes:**

https://www.fda.gov/media/133880/download

**Note:** Prior to this legislation and under the authority granted by the Family Smoking Prevention and Tobacco Control Act, the FDA prohibited cigarettes from containing any “characterizing flavor,” including candy, fruit, and alcohol flavors. This regulation was not impacted by the new legislation. Please consult your state and local laws as some jurisdictions have prohibited the sale of (or further restricted) flavored tobacco products.

**Disclaimer:** The information presented is not legal representation or advice, is not to be acted on as such, may not be current and is subject to change. This information is for educational purposes only.

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ii https://www.bia.gov/frequently-asked-questions

iii Id.


v Paul D. Mowery et al., The Impact of State Preemption of Local Smoking Restrictions on Public Health Protections and Changes in Social Norms, J ENVIRON PUBLIC HEALTH 632629 (2012), available at http://www.hindawi.com/journals/jeph/2012/632629. Preemption has resulted in health and social norm disparities between states where local authorities have the authority to adopt tobacco control policies and states where local authorities are preempted from enacting such policies


ix Department of Health and Human Services, Food and Drug Administration Center for Tobacco Products, “Civil Money Penalties and No-Tobacco-Sale Orders for Tobacco Retailers (Revised), Guidance for Industry.” Published Dec. 2016, available at https://www.fda.gov/media/80888/download, FDA understands this to mean that there is a “repeated violation” if there are at least five violations of requirements issued under Section 906(d) of the FD&C Act at a particular outlet; Each of the five violations represents the second or subsequent violation of a particular requirement; and Each of the five violations occurs within 36 months.